Notes From the Editors

This is the “Extra Special Millennium Collector’s Edition!!” We hope you enjoy it and treasure it always! It will be worth lots of money when (a) we are famous, and (b) in Y3K.

These past few months have proven that we live in a time of commercialism and greed. This has been evident in the fact that stores have had Christmas displays up since before Halloween! What happened to the good old days when we were able to enjoy ourselves without worrying about Christmas (and other holiday) shopping until the day after Thanksgiving? We can only hope the new millennium will be different, but we doubt it.

Finally, we would like to comment on the sad fact that it is evident that not everyone in the department reads this fine publication. We are always more than happy to receive your submissions, but we really prefer them to be something that we have not previously published. Not long after the November issue of SI came out, someone left a submission in Jyotika’s mailbox for our “Joke of the Month” segment. Unfortunately, they did not sign it, so we are unable to thank them in person. It was a copy of a column that we started to print in November!!!

We hope you have a safe and happy holiday season!

Publications

The first issue of 2000 will include a complete list of publications by members of this department. So, even if you have been included in past issues of SI, you will be included again. Please e-mail a list of your articles published in 1999 only. They must be in the following format: Last name, first initial. 1999. Title. Journal, vol., pages. Please e-mail them to lizz@marine or jyotika@marine ASAP.

DMS Fashions

MSAC has just placed an order for marine science t-shirts. By unanimous vote at the last MSAC meeting, we have resurrected the abstract fish. We also will have the compass design. Both designs will be on a variety of colors and sizes as well as long sleeved t-
Upcoming Events

*Good luck on your final exams!*

Dec 3, Hanukkah begins at sundown

Dec 7, Blood Drive, 8am-4pm, FMRI circle
Save a life and receive a cute t-shirt, free cholesterol screening, and be entered to win AutoTrain tickets. Bring your ID.

Dec 10, MSAC Holiday Party

Dec 21, First day of winter- Winter Solstice
Dec 22, Full Moon
Dec 25, Christmas Day
Dec 26, Kwanzaa begins
Dec 31, New Year's Eve

(to cont. from page 1) shirts. They should be here in just in time for your holiday shopping sprees.

To those who ordered Marine Science shirts and hats from Tracy Christner: the order should arrive here by 12/10/99. Marine Science faculty, staff, & students purchased over $2000 in merchandise!

Toy Drive

By Dan Otis & Heather Penta

The Elder Care Program at the St. Pete Free Clinic supports mature adults that are often part of the working poor. The Grandparents' Support Group helps grandparents who are raising grandchildren and sometimes great grandchildren. This year, there are 65 families in the support group, and we have pledged to provide gifts for approximately 50 children.

For the last few years, the USF Marine Science Department has purchased holiday gifts for these children who would not otherwise get anything. Hanging on the tree in the MSL lobby are tags for each child in the drive. These tags have names, ages, sizes, and suggestions for gifts. To help out, all you have to do is pick out a tag from the tree, buy a gift, wrap it, and put it under the tree in MSL. If you don't have time to buy and wrap gifts, you can donate cash and we'll do the shopping. In this case you can either pick a tag, or we can use the money for any leftover kids. You can also bring in unwrapped gifts or gifts to be assembled and we will wrap and assemble them.

Please try to pick out your tags and return the gifts by December 16, so we can deliver them to the Free Clinic. If you have any questions or would like to give cash, please contact Christina Holland, Helen Talge, Dan Otis or Heather Penta. By helping out in this way, you can bring joy to a child's life during the holiday season.

Millennium Collector’s Edition

Computing Clues

By Doug Myhre

Using Wildcards in Unix: Playing poker - well, not quite. Wildcards in the UNIX environment are ways to specify multiple filenames and strings. When you telnet into seas, you are typically entering what is called a "C-Shell" (csh or tcsh). This is the command processor which takes the commands you type in (like pine) and processes them. The command line is what you type in at the prompt in a telnet window. One of the functions of the shell is to take wildcards on the command line and expand them to related names of files in the current directory (or specified directory). Some examples follow.

In these examples I will use the "ls" command which displays the names of files in a directory. To specify all the files use an asterix "*", eg., "ls *". To specify all the files ending in "txt" use "*.txt", eg., "ls *.txt". To specify all the files starting with the word "data", use "data*", eg., "ls data*"

There are other characters which are used for specifying multiple strings.

The question mark "?" is used to specify that a single character could be anything, eg., "ls data??.txt". The square brackets '[' and ']' are used to specify a list or range of possible characters, eg., "ls data[1-5].txt" or "ls data[1,5].txt".

If you had the following files in your directory: data0.txt data1.txt data2.txt data3.txt data10.txt data20.txt data99.dat, then "ls *" would produce: data0.txt data1.txt data2.txt data3.txt data10.txt data20.txt data99.dat.

"ls *.txt" would produce: data0.txt data1.txt data2.txt data3.txt data10.txt data20.txt data99.dat.

"ls data?.txt" would produce: data0.txt data1.txt data2.txt data3.txt data10.txt data20.txt data99.dat.

"ls data[1,5].txt" would produce: data1.txt.

If you want to search for files in a directory other than the current one, specify that path name before the wildcard, eg., "ls program1/data*". If you want to specify your home directory use the tilde "~". A tilde is expanded to something like /home1/doug, eg., "ls~/program1/data*".

Millennium Collector’s Edition

The Best of '99 (So Far)

By Mark Hafen

In this column I have summarized all of the responses I have received so far about your favorite recording of 1999. However, since I didn’t hear from anyone else, all of the responses are mine! I have several favorite CDs, depending on the genre:

Blues: Li'l Ed and the Blues Imperials "Get Wild!"
Folk: Alison Krauss "Forget About It"
Rock: Anders Osborne "Living Room"
Progressive Country: Hal Ketchum "Awaiting Redemption"

This is the Millennium Collector's Edition!!!
Health the Herbal Way

In man's eternal struggle against diseases and his endless quest for health and prolonged life through the ages, a wide spectrum of medicinal plants, their buds, flowers, dried seeds, barks, roots and tubers, have been identified as useful home remedies for many ailments. Many of these are known as 'spices' for daily use in the kitchen. Traditional herbal therapies under the Ayurvedic, Unani, and Siddha systems of medicine have wonderful cures for most illnesses that distress the modern man. These illnesses can effectively be treated by the systematic and judicious use of common herbs growing in gardens and woods.

Herbal therapy has been practiced in India for centuries. In recent years, the efficacy of herbs has been studied seriously in Western countries, with sensational and convincing results. Modern medical science is in favor of the herbal treatment of diseases as applied traditionally in India, since many herbs do not have toxic side effects.

As home-remedies, herbs and spices are used to purify blood, facilitate digestion, prevent coughs and colds, and ensure nourishment. They heal, soothe, immunize, and rejuvenate the human body in many ways. Spices are more than just another ingredient in a recipe. The right kind of herb or spice being judiciously used not merely adds aroma, flavor, or taste to the cuisine - it also has medicinal value that makes their presence in foods and beverages so important and indispensable.

Known as the 'spice country', India has lured outsiders since ancient times. Foreigners visiting India cherish the delectable taste of Indian dishes and drinks for their exotic flavors - blends of black pepper, cloves, cardamom, mint, garlic, ginger, turmeric, coriander, cumin seeds and many more. Each of these has its place in traditional pharmacology, even the dreaded green and red chilies.

For example, a few seeds of black pepper chewed with honey will instantly improve a sore throat, increase appetite, and help digestion. The roots of this creeper herb as well as its green seeds have therapeutic uses in gynecology. Cloves and its oil, grandmother's wonder drug for toothaches, are now being freely used by dentists and are also essential ingredients in toothpaste. Roasted and taken with jaggery, cloves are an effective remedy against colds and coughs. Water inside a green coconut and its tender kernel have several palliative uses in acidity and stomach disorders. Cinnamon is known for its prophylactic and carminative properties besides being a coveted aromatic spice. Psyllium husk is available in grocery stores all over the world, and is widely admired for its excellent soothing and harmless function as a laxative.

The plant world provides the basis for 60% of all medicines manufactured and consumed today. Of the nearly 7500 medicinal plants identified so far, about 2000 species of useful herbs grow in India. The Himalayas are a major source of medicinal herbs and the Western Ghats and Vindhya Hills are the other major repositories.

(This has been adapted from an article in 'India Perspectives', July 1999.)

Millennium Collector’s Edition

Inquiring Minds Want to Know…Again

By Mark Hafen

The response on best and worst films has been gratifying to say the least; overwhelming to be truthful! Again, it seemed much easier for readers to name their duds than to be forced to pick a favorite. Some were actually embarrassed to admit their favorites. Perhaps in a future issue we could do our version of the old Siskel & Ebert "guilty pleasures" show, where they named the really bad films that they sheepishly admitted they liked (such as "Invasion of the Bee Girls" and "Terror in Tiny Town"). We'll save that for another time. Meanwhile, let's look at what some of our other colleagues listed as their all time favorite flops. Coming in the next issue: your picks for best movie ever.

Christina Holland: The worst movie ever? But there are just so many! Okay, here are my picks: (1) "Horror Express", with Christopher Lee and Peter Cushing. This is a very strange amalgam of a movie - it starts as pretty decent suspense film, then segues into a slasher flick, and then finishes off as a zombie movie. On the plus side, it did have the following amusing exchange: "The two of you together. That's fine. But what if one of you is the monster?" "The monster? We're British, you know!"

(2) "The Lonely Lady". Bad beyond words. "Showgirls" was actually a remake of this movie, and the original was worse. If you haven't seen "Showgirls" and don't know what I'm talking about, well, then I envy you.

(3) "Cutting Class". This is Brad Pitt's big screen debut. I'd say acting debut, only he didn't act.

Honorable mention has to go to "For Keeps" and "The Pick-up Artist".

Jyotika Virmani: It's easier to pick bad movies, so here is a small selection of movies I wish I had never seen, and would rather be sea-sick than have to see again.

'Night Train to Venice'. Generally English movies are pretty good. This one movie alone, single-handedly, balances out the goodness. It was in the early days of Hugh Grant's career, and is just all over the place.

'Bang the Drum Slowly'. Filmed partly here in St. Pete and Tampa, starring Robert De Niro. I suspect at the time it was released it was probably OK, but unlike many other De Niro movies, it didn't age well. The Drum was banged very very slowly.

'The Wiz'. Now, I freely admit that 'The Wizard of Oz' would not make it into my top 10 list, but I wouldn't say that it was a bad movie. 'The Wiz' on the other hand, is HORRIBLE. It is a 70s musical version of TWOO. I am so glad I watched it with a group of equally
sarcastic-minded friends - it was definitely one of those 'we saw and survived' sort of evenings. Maybe I'll get t-shirts made up! If you do decide to watch it, I recommend fast-forwarding through the songs.

'Gamera vs. Guirion'. This was so bad that I only remember bits of it – a self-defense mechanism for my brain. Actually, the real reason I only remember bits of it was because we didn't see all of it. The story is something like this: Aliens kidnap two children in an attempt to lure one monster (Gamera) into fighting another monster. I don't know if they both die, but good triumphs (I think). There are scientists thrown into the mix too.

For more good reviews of bad movies, check out www.stomptokyo.com.

**Nancy Holloway**: Some of the most recent movie duds I've seen are "Mystery Men" and "Eyes Wide Shut". Both were a waste of celluloid.

**Jennifer Boehme**: Die, die, nobody likes you: "Grease 2" (wasted celluloid); "Metropolitan" (the most self-absorbed and annoying "comedy" I ever rented).

**Scott Burghart**: The single worst movie of all time: "Tango and Cash." Kurt Russell and Sylvester Stallone "star" as two rival cops who get set up and sent to the slammer where they must face several of the convicts they help put away, before escaping to catch the real bad guys. All the ingredients for a really bad movie are there: one lame one-liner after another; ridiculously impossible stunts; a woefully predictable "plot"; over-the-top evil villains; Stallone's and Russell's typical bland acting; and plenty of shouted dialogue for good measure. Yes, this movie was one grand testosterone-flooded romp. I paid full price to see this stinker with a friend of mine, and boy was I pissed! It was the worst $5 I've ever spent. This movie transformed my disdain for Sylvester Stallone to full-blown loathing.

**Boris Galperin**: Add "The Blair Witch Project" to the worst list, but I am not volunteering to write about it - actually, it's quite obvious by itself.

**Nan Schmidt**: Like many things in life, picking the worst is an easy task: "Ish-tar", "Dune", and "Star Trek" (insert any odd number).

**David English**: I hope Jyotika will appreciate the fact that a British film has become my standard for measuring how bad a movie is. How to describe this bad man, this mess of a show? It has some fine cast members, but I think the concession stand should have sold pain/nausea relievers or hallucinogenic drugs while this show was playing. When I saw it, at least half the audience had the wisdom to leave during the movie, perhaps to partake of more enjoyable activities such as knitting jump suits out of fiberglass while standing naked in a sandstorm. The title ("O' Lucky Man") becomes a bad joke if you find yourself watching this movie. Naive young salesman travels a decadent land while a band plays on (and on) to give false hope to patrons that the movie is ending. The movie seems to last a bit longer than most congressional careers, though it probably only ran a few hours!

**Joke of the Month**

Submitted by Dave Brodosi and Gene Olsen

**IDIOTS: PART 2:**

**IDIOT SIGHTINGS… Sighting #1:**

I was at the airport, checking in at the gate, when the airport employee asked, "Has anyone put anything in your baggage without your knowledge?" I said, "If it was without my knowledge, how would I know?" He smiled and nodded knowingly, "That's why we ask."

Sighting #2: The stoplight on the corner buzzes when it is safe to cross the street. I was crossing with an intellectually challenged co-worker of mine, when she asked if I knew what the buzzer was for. I explained that it signals to blind people when the light is red. She responded, appalled, "What on earth are blind people doing driving?"

Sighting #3: At a good-bye lunch for an old and dear coworker who is leaving the company due to "downsizing," our manager spoke up and said, "this is fun. We should have lunch like this more often." Not another word was spoken. We just looked at each other like deer staring into the headlights of an approaching truck.

Sighting #4: I worked with an Individual who plugged her power strip back into itself and for the life of her could not understand why her system would not turn on.

Sighting #5: When my husband and I arrived at an automobile dealership to pick up our car, we were told that the keys had been accidentally locked in it. We went to the service department and found a mechanic working feverishly to unlock the driver's side door. As I watched from the passenger's side, I instinctively tried the door handle and discovered it was open. "Hey," I announced to the technician, "It's open!" "I know," answered the young man. "I already got that side."

**Words for the New Millennium**

Submitted by Nadina Piehl

**CUBE FARM**: An office filled with cubicles.

**MOUSE POTATO**: The on-line, wired generation’s answer to the couch potato.

**SWIPED OUT**: An ATM or credit card that has been rendered useless because the magnetic strip is worn away from excessive use.

**ALPHA GEEK**: The most knowledgeable, technically proficient person in an office or work group.

**STARTER MARRIAGE**: A short-lived 1st marriage that ends in divorce, with no kids, no property, and no regrets.

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FOR JAN ISSUE:

Christina Holland: Now for best movie - that's more difficult. These aren't classics, just the ones that have a special place in my heart.

(1)"Kiki's Delivery Service". Japanese animation at its finest and sweetest, and now dubbed into English by Disney.

(2)"Some Kind of Wonderful". Okay, I know how sappy and horrible it sounds - I don't care.

(3)"The Last Star-Fighter". Great effects (even if you watch it now), a cool story, and just good fun.

Jim Patten: On the good side I think that "The Shawshank Redemption" is one of my favorite movies. "Bull Durham" is a great baseball movie.

Nan Schmidt: It is *impossible* to pick the "best" movies. It's a fluid list that I can't quite seem to focus on. Actually it's the criteria I use to judge a film and rate it "best" that I can only see with my peripheral vision. With your book list, at least the list was narrowed down to those books that were most significant to us. But this movie thing, yikes! There's a reason they give out Oscars for different categories.

So, the most beautiful films that I remember seeing include "Wings of Desire", "The English Patient", and the 1910's French version of "Beauty and the Beast." The scariest films that I remember seeing and enjoying include "The Shining" and "A Touch of Evil." The funniest movies that I remember seeing include "The In-Laws," "Bringing up Baby," and "Fletch." And, finally, I will judge my favorite movies using the criteria of my viewing frequency: "Blade Runner," "Star Wars," "Star Trek" (insert any even number), "To Have and Have Not," "A Room With a View," and "Monty Python and the Holy Grail."

Rachel Merkt: My favorites and least favorites are numerous so I just picked...

BEST- "Dangerous Beauty"

Sherryl Gilbert:
Favorite - "An Officer and a Gentleman"

Heidi Crevison: My vote for one of the best movies ever is "Field of Dreams." I figure this is appropriate since the World Series recently ended.

David English: No doubt selection of a 'good' movie have a lot to do with our mood and the expectations we bring to the viewing. If we are not expecting much, a jerky but quirky and charming film will seem wonderful. This is not the case for bad movies. A stinker is a stinker. Now my good movie. Let me recommend one that has been too frequently overlooked. "The Stunt Man". A delightful film in which Reality gets bent all akimbo as a powerful movie director substitutes a fugitive for a stuntman killed during the movie's filming. If you could combine this film with Tom Stoppard's "Rosencrantz and Guildenstern are Dead" you would really have a fun and enjoyable reality roller coaster.

Since Halloween is almost upon us, how about a recommendation for a twisted and spooky Man? “The Wicker Man” is a bit on the bizarre side of the mystery and suspense (horror?) genre. Definitely not for children (unless the child is the reincarnation of Charles Adams). Perfect for Halloween or May Day. A puritanical policeman goes to an isolated island to investigate the possible disappearance (or transformation into a hare) of a young girl.

Jim Patten: On the good side I think that "The Shawshank Redemption" is one of my favorite movies. "Bull Durham" is a great baseball movie.

Nan Schmidt: It is *impossible* to pick the "best" movies. It's a fluid list that I can't quite seem to focus on. Actually it's the criteria I use to judge a film and rate it "best" that I can only see with my peripheral vision. With your book list, at least the list was narrowed down to
Nancy Holloway

I liked Notting Hill because the roommate in that movie reminds me of someone I know who is exactly like him. But two of my all time favorite movies are "The Quiet Man" with John Wayne (NOT a western) and "Moonstruck" with Cher. Romantic tales, both.

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Jennifer Boehme

Thought I'd put in my two cents worth:

Great: "The Big Sleep"
Q: I would like to change some of the text box shading to improve the print quality. Can that be done?

A: Yes. To change the shading or color of a text box, select it and double click its borders to open the Format Text Box dialog box. Click the Colors and Lines tab and then choose the new color from the Color drop-down list in the Fill section.

Q: What's the best way to print this newsletter?

A: Print page 2 on the back of page 1. Fold in half and mail with or without an envelope. For best results, use a medium to heavyweight paper. If you're mailing without an envelope, seal with a label.

Q: I would like to use my own clip